

How to verify your benefits for medical nutrition therapy

Call the phone number on the back of your insurance card and ask the following questions.

Is medical nutrition therapy covered – specifically codes 97802 & 97803? If not, ask about codes 99401, 99402, 99403 & 99404.	
Is diagnosis code Z71.3 covered? If so, is it covered as preventative?	
Are there any restricted diagnoses?	
Do I need a prior authorization?	
Is nutrition counseling covered when done using telehealth?	
How many nutrition visits are allowed?	
Do I have a deductible to meet before insurance pays? If so, how much?	
Will I have a co-pay or co-insurance? If so, how much?	
Is Nashville Nutrition & Weight Loss (NPI 1093327132) covered under my plan? If not, what are my out of network benefits?	
May I have a reference number for this call?	
	Today's date:

Getting the answers to these questions ahead of time will help ensure you do not have any surprises in your coverage and out-of-pocket costs for our visits.